

Team Stickhead KY Select Travel Team

Summer 2009
Information Sheet

Team Stickhead KY Select Travel Team is a way for the best high school lacrosse players in Kentucky to advance their skills and highlight their talent for college coaches at national and regional team camps & tournaments. Players will be selected during open tryouts in which they will be put through a college style practice. Team Stickhead KY will be sponsored by Stickhead Lacrosse & Sports who will provide players with a team jersey and team helmets to be used at all tournaments as well as a complimentary pair of team shorts. Team Stickhead KY will be coached by the Bellarmine University Lacrosse Staff as well as top area high school coaches. Coaches will provide players with the best possible instruction and guidance in order to advance their skills and prepare them to play lacrosse at the next level.

Eligibility:

1. Any Kentucky male player attending high school or home schooled during the fall 2009
2. No 2009 graduating seniors
3. No 2009/10 post graduate players
4. No 2009/10 middle school or youth players

Coaches:

1. Jack McGetrick - Bellarmine University Head Coach
2. Bart Sullivan - Bellarmine University Assistant Coach
3. Jeff Burkholder - Bellarmine University Assistant Coach
4. Chad Wabrek - Louisville Collegiate School Head Coach

Contacts:

1. Bart Sullivan - 614.302.3506, bhsullivan@bellarmine.edu
2. Chad Wabrek - 502.381.5677, chad_wabrek@loucol.com
3. Shawn Hamill - 502.245.7849, shawn@stickheadlacrosse.com

Tryouts:

1. Sunday, May 17th - LCS Champions Trace Fields, 1pm
2. Monday, May 18th - LCS Champions Trace Fields, 6pm
3. Must attend at least 1 tryout to be selected, you can attend both tryouts (only 1 tryout fee will be charged).
4. Team Selection & Announcement - May 19th, www.stickheadusa.com
5. Team Meeting (Players & Parents) - May 20th - Bellarmine University, 6pm
6. We will select up to 46 players to fill out two possible teams
7. Tryout Fee - \$15 payable at the time of tryout (cash or check payable to Stickhead Lacrosse)

Stickhead participants will receive:

1. College level coaching to provide next level skills and practice habits.
2. Each player will have access to college coaches to use as a resource to make potential contacts and in the college recruiting process.
3. All players will receive a detailed analysis from the coaching staff concerning player's strengths and weakness which will allow players to better improve their game.
4. Each player will receive a team jersey and helmet to use during their participation with Team Stickhead KY. Cost to purchase jersey and helmet is \$150. Players will be required to submit deposit of \$150 for jersey and helmet which will be returned once jersey and helmet are turned back in.
5. Stickhead will provide each player with a pair of team shorts to wear in games and keep at the end of the summer at no charge.
6. Team performance gear will be available to purchase, more information will be provided at the team meeting.

Practices:

1. Practices will contain college level drills and players will learn a fast paced style of play. Actual college level practices will take place.
2. Team practices will take place in Louisville, KY and all Team Stickhead KY participants will be expected to be at as many practices as possible.
3. All Practices will be held at LCS Champions Trace Fields.
4. Practice Dates are as follows (More practices will be added after May 20th Team Meeting):

May 21st 6-8pm

May 27th 6-8pm

June 1st 6-8pm

June 11th 6-8pm

June 18th 6-8pm

Events:

1. We will enroll in 3/4 national Tournaments/Team Camps.
2. Once we pick the teams, we will decide how many people are interested in attending each tournament and this will determine whether we take one or two teams to the particular tournament.
3. Players are expected to provide their own travel and lodging (when not provided by the tournament) to each event.
4. Stickhead Lacrosse & Sports will subsidize tournament entry fees up to \$1,500 per event. Players will be required to cover any additional entry fee expenses on an equal basis.
5. Team Stickhead participants will be required to adhere to proper conduct and sportsmanship at all team activities. Failure to abide by Team policies could result in removal from team. Any team fees will be forfeited.

We will attend the following Events:

Warrior Lax-N-Nati Lacrosse Tournament

June 20th - 21st

Clear Creek Park - Cincinnati, OH

Tournament website - <http://www.tikitournaments.com/Lax-N-Nati>

Gait Cup National Tournament

July 1st - 4th

Gettysburg College - Gettysburg, PA

Tournament website - <http://www.gaitcup.com/>

Other Possible Tournaments:

University of Denver Team Camp

June 12th - 14th

Dicks Sporting Goods Park - Denver, CO

Tournament website - <http://www.denverlacrosse camps.com>

Adrenaline Shootout

June 16th - 19th

Sonoma State University - Rohnert Park, CA

Tournament website - <http://www.adrenalinelacrosse.com/2009/event.php?eventid=38>

Fees Breakdown per player:

\$15 for tryouts

\$150 equipment deposit

\$300 Coaching Fee

Any travel and lodging expenses for particular events

Possible tournament entry for particular events (Remember, Stickhead is paying \$1,500 toward total entry fee for each event)

We look forward to seeing you at Tryouts!